

# Eco-Driving Daily Checklist

Smart Driving Academy

- 1 Look far ahead and plan early
- 2 Keep safe space so you can brake gently
- 3 Accelerate smoothly and avoid racing into queues
- 4 Hold a steady legal speed
- 5 Check tyre pressure and vehicle condition
- 6 Avoid unnecessary idling
- 7 Review one thing to improve after each journey

Training note: use this as a discussion guide. Replace with company-specific rules where needed.